

EXAMEN SANDAN

SUWARIWAZA

RYOKATADORI
CHUDANTSUKI
YOKOMENUCHI

IKKYO-SANKYO-JIYUWAZA
KOTEGAESHI
NIKKYO-IRIMINAGE

HANMIHANDACHI

RYOTEDORI
SHOMENUCHI

KOKYUNAGE-KOTEGAESHI
IRIMINAGE-KOTEGAESHI

USHIROWAZA HANMIHANDACHI

RYOKATADORI

IKKYO-SANKYO

TACHIWAZA

SHOMENUCHI
YOKOMENUCHI
MUNEDORI
KATADORIMENUCHI
MUNEDORIMENUCHI
AIHANMIKATATEDORI
JODANTSUKI
MAEGERI

UCHIKAITEN SANKYO-HIJIKIMEOSAE
IKKYO-IRIMINAGE-JIYUWAZA
IKKYO-UCHIKAITENSANKYO-KOTEGAESHI-JIJUGARAMI
NIKKYO-SHIHONAGE-KOSHINAGE
IKKYO-JIYUWAZA
KAITENNAGE-UCHIKAITENSANKYO-HIJIKIMEOSAE
IRIMINAGE-SOTOKAITENNAGE-JIYUWAZA
USHIROKIRIOTOSHI

USHIROWAZA

RYOTEDORI
KATATEDORIKUBISHIME
ERIDORI

IKKYO- IRIMINAGE-SHIHONAGE
SANKYO-HIJIKIMEOSAE
IKKYO

TANTODORI

JODORI-JONAGE

TACHIDORI

FUTARIDORI

4 UKES